

Did you know that trucks go through a mid-life crisis? That's right, trucks unavoidably reach a point when they begin to fall apart. For most trucks, it is between the age of 20-25 years. That means the '67-72 Chevys are currently the targets of cosmetic and mechanical self-destruction.

Some of the most common items in need of being replaced are the cab mounts. Years and years of abuse from weather and other factors takes a serious toll on the rubber bushings that support the truck on the frame and absorb driving friction. If you have never replaced your truck's cab mounts, you should inspect them. You might be surprised by what you discover.

Okay, now that you have determined the bushings need to be replaced, where do you find the stock replacements? Well, there are several options. First, aftermarket restoration retailers like Golden State Pickup Parts offer factory cab mounts. You can also investigate custom versions, which come in different colors from companies like Energy Suspension. For this installation, we contacted the folks at Golden State to show you how to install new factory replacement mounts.